



By: Erika Kimberly Stanley

# What is "To Be Praised Ministries"?



*What is To Be Praised Ministries?*

To Be Praised Ministries is a community of women who study the Word of God together with the hope of learning how to become, and encourage other women to transform into, a biblical woman worthy of praise and an obedient follower of Christ.

*What's your vision?*

The vision is for women across continental, country and state demarcations to unify through the Word of God to create an authentic sisterhood which encourages women to study the Bible and transform their lives and accomplish God's will.

*What's your mission?*

To Be Praised Ministries is committed to the spiritual and leadership development of women through Bible studies, devotionals, event hosting, and small learning communities.

*How to find us?*

Go to: [www.tobepraised.com](http://www.tobepraised.com)

Search: #Tobepraised on all social media!

Email: [tobepraised@gmail.com](mailto:tobepraised@gmail.com)

## Note



Welcome to the FIRST To Be Praised Ministries study workbook! I'm so happy you're here. I'm so happy I'm here, too, sitting on the other side of this booklet, ready to pour my heart out before the Lord in your honor.

To Be Praised Ministries' mission is to empower women through a global community committed to spiritual and leadership development. *"Charm is deceptive, and beauty is fleeting; but a woman who fears the LORD is to be praised."*, Proverbs 31:30. This workbook in the hands of a woman who wants to know God better is one way the mission will come to life! It's an honor to meet you here on the pages that have been written and edited to give you some spiritual encouragement and time with the Lord.

This study series is called "Such A Time As This" and the title is taken from the book of Esther. I have studied so many women in the Bible and I'm always struck by verse fourteen in chapter four which says, "For if you remain silent at this time, relief and deliverance for the Jews will arise from another place, but you and your father's family will perish. And who knows but that you have come to your royal position for such a time as this?". Esther was born, raised as an orphan, but become a queen who would liberate a nation! She was born for such a time as this. It makes me question why each of us have been born in this specific time and for what specific reason.

*What time is it? Not time on the clock, what time in your life is it? Is it time to be still or to stand up? Is it a time of transition? Is it a time of love or separation?*

I believe we are living in an *appointed and anointed* time. God has appointed this time in your life for something specific. Let's begin to study and pray about what that is! You are special to God and you are living in these days for a divine and holy reason!

Love & blessings,

Erika Kimberly Stanley

Founder of To Be Praised Ministries

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# How To Use The Workbook



This workbook is designed to help you write down your thoughts and prayers as we work through the devotional series "An Appointed Time". Everyone learns differently, so feel free to use some or all of the pages.

What you'll find is, I've structured the workbook to include devotionals that will be emailed each week. Generally, I study the Bible with the following method and I think it may be helpful for those who are asking for help studying the Word!

## *#TBP Study Method:*

Pray

Read

Notes

Self-reflect

Pray

Print this document! Write on these pages sisters and friends! Use it as a resource when you pray and when you study and show up every day expecting God to join you in that time.



# An Introduction



Let's read Ecclesiastes 3:1-8 & 11.

*There is an appointed time for everything. And there is a time for every event under heaven—*

*A time to give birth and a time to die;*

*A time to plant and a time to uproot what is planted.*

*A time to kill and a time to heal;*

*A time to tear down and a time to build up.*

*A time to weep and a time to laugh;*

*A time to mourn and a time to dance.*

*A time to throw stones and a time to gather stones;*

*A time to embrace and a time to shun embracing.*

*A time to search and a time to give up as lost;*

*A time to keep and a time to throw away.*

*A time to tear apart and a time to sew together;*

*A time to be silent and a time to speak.*

*A time to love and a time to hate;*

*A time for war and a time for peace.*

*He has made everything appropriate in its time. He has also set eternity in their heart, yet so that man will not find out the work which God has done from the beginning even to the end.*

*Self-Reflection:*

What time/season are you in right now?

What does this time of your life feel like?

How has God used this specific time in your life to teach you something?

How is God currently governing your life?

God controls time because in the beginning, He created it. Genesis Chapter 1, the Bible notes that God created the Sun and the Moon, the larger and the lesser lights. Between verses 14 and 19, we see that time and light are linked together. Without light, there is no opportunity for time.

Interestingly enough, the Bible also says, "This is the message we have heard from Him and announce to you, that God is Light, and in Him there is no darkness at all." (1 John 1:5) How extraordinary is it that God is light and light determines time. Doesn't God determine time as well? He does!

As we walk through this Bible study, "For Such A Time As This", let's remember how important time is to God. He appoints time and He governs time by light because He is light.



# The Time of Your Life



David had a specific task allotted to him during the time in which he lived on Earth. His task was large; it was one predestined by God. What's also important about David's life is that God called Him from a youth and God used time to prepare and appoint David time after time until all of David's purpose was revealed. Let's read Acts 13:36.

*"Now when David had served God's purpose in his own generation, he fell asleep; he was buried with his ancestors and his body decayed."*

God raised David up, at a specific time in history, to be king. God's purpose is always timely and always a part of a well thought out SPIRITUAL plan. David governed the people of Israel spiritually and led them through many physical battles.

*Self-Reflection:*

*When is the last time you asked, why am I here? What do I have to offer the world?*

*Do you know why you were born in this specific time period? Take this question to God in prayer. Write down anything you believe is important about you as it relates to the years you have been alive. Do your interests play a role in humanity? Has your family structure been able to do something special in the lives of the people around you? Ask God, "why now? why me?"*

Jesus had a specific time for His purpose to manifest on Earth. There was an appointed time, just like Ecclesiastes told us, for Jesus' total purpose, the death--burial--resurrection to happen.

*"Therefore Jesus told them, "My time is not yet here; for you any time will do.", John 7:6.*

*"Jesus replied, "The hour has come for the Son of Man to be glorified.", John 12:23.*

We time, have a specific time, to be here on Earth and in our days God gives us purpose. All of us. They may look similar from a distance, but God does a new thing in every person's life! I believe, if you haven't already, it is time for you to begin to pray about what your purpose is. Ask God to reveal to you how He wants you to spend your days. What has He called you to do? What gift or talent has God given you that the world needs RIGHT now? There is also a specific time we have to live out our God-given purpose. Let's tap into it now so we can be great women of God, women who are worthy of His praise!

# A Time To Shine



You were born to shine. To shine all the time in every way for everyone to see. Do you believe that? Do you really believe that? Let's take some time to think about all the ways the devil has tried to nick, scratch, break, tilt and destroy your light. Now, think of Jesus.

Jesus said, you are a city set on a hill. If you've ever seen a city standing tall on a hill? It's luminous and the affection of everyone's eye. You are that city. You are that light.

Read Matthew 5:14-16.

*"You are the light of the world. A city set on a hill cannot be hidden; nor does anyone light a lamp and put it under a basket, but on the lampstand, and it gives light to all who are in the house. Let your light shine before men in such a way that they may see your good works, and glorify your Father who is in heaven."*

I think as women, we dim our lights so easily. Our self esteem, our past, our insecurities and our fears are shadows that eclipse our light if we aren't actively taking those things to the Lord and laying them at His feet. Part of why this workbook exists is because we have to start living in truth. We have to uproot the enemy's lies and we have to believe God when He speaks. God created you to shine for the WORLD to see. We are to "walk in the Light as He is in the light". (1 John 1:5) It's your time to illuminate a world that needs exactly your smile, your love, your patience, your talents and your LIFE.

*Self-Reflection:*

Do you struggle with not wanting the world to see you?

Do you rather dim your light than shine bright? If so, why?

How can you do a better job of letting your light shine in your marriage, friendships, church and community?

# A Time To Be Crowned



We shine as women created by God, by the touch of His perfect hand, but we also shine because He called us, He claimed us, He healed us and crowned us. Read Ezekial 16:1-14

*Then the word of the Lord came to me, saying, "Son of man, make known to Jerusalem her abominations and say, 'Thus says the Lord God to Jerusalem, "Your origin and your birth are from the land of the Canaanite, your father was an Amorite and your mother a Hittite. As for your birth, on the day you were born your navel cord was not cut, nor were you washed with water for cleansing; you were not rubbed with salt or even wrapped in cloths. No eye looked with pity on you to do any of these things for you, to have compassion on you. Rather you were thrown out into the open field, for you were abhorred on the day you were born.*

*"When I passed by you and saw you squirming in your blood, I said to you while you were in your blood, 'Live!' Yes, I said to you while you were in your blood, 'Live!' I made you numerous like plants of the field. Then you grew up, became tall and reached the age for fine ornaments; your breasts were formed and your hair had grown. Yet you were naked and bare.*

*"Then I passed by you and saw you, and behold, you were at the time for love; so I spread My skirt over you and covered your nakedness. I also swore to you and entered into a covenant with you so that you became Mine," declares the Lord God. "Then I bathed you with water, washed off your blood from you and anointed you with oil. I also clothed you with embroidered cloth and put sandals of porpoise skin on your feet; and I wrapped you with fine linen and covered you with silk. I adorned you with ornaments, put bracelets on your hands and a necklace around your neck. I also put a ring in your nostril, earrings in your ears and a beautiful crown on your head. Thus you were adorned with gold and silver, and your dress was of fine linen, silk and embroidered cloth. You ate fine flour, honey and oil; so you were exceedingly beautiful and advanced to royalty. Then your fame went forth among the nations on account of your beauty, for it was perfect because of My splendor which I bestowed on you," declares the Lord God.*

*Self-Reflection:*

How do these verses make you feel?

Do you feel like you deserve this kind of love and attention from God?

Even if you don't, God has saw it fit to love you this much and this specific time in your life. Praise Him!



Thank you!



Please ensure you're signed up to read the Bible devotionals associated to this Bible study when they're posted on the website and sent via email. To sign up, go to [www.tobepraised.com](http://www.tobepraised.com) and use the header at the top to input your email address! Please get the women in your life, at your job and in your congregation to sign up as well. I believe God is seeking to restore all women back to Him! I know He wants us to feel loved and honored. Let's be women who share the Gospel with other women.

Thank you for reading this study. Thank you for being an inspiration to me. May God bless you and keep you, always in Him.

Love & blessings,

Erika Kimberly Stanley

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